VILAS COUNTY Plan on Aging 2019-2021

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*Yellow Highlight indicates sections required for annual assessment

1. Verification of Intent

This plan represents the intent of the county to assure that older people have the opportunity to realize their full potential and to participate in all areas of community life.

On behalf of county, we certify that these organizations have reviewed the plan, and have authorized us to submit this plan which outlines activities to be undertaken on behalf of older people during 2019-2021.

We assure that the activities identified in this plan will be carried out to the best of the ability of the county.

We verify that all information contained in this plan is correct.

10-9-18 Signature, and Title of the Chairperson of the Commission on Aging Date Robert Hanson, Chairman Rould O. Brugue 10-11-18

Signature, and Title of the Authorized County Board Representative Ronald DeBruyne, Chairman

Date

2. Executive Summary

Every three years, the Vilas County Commission on Aging develops and submits to the Greater Wisconsin Agency on Aging Resources a "Three Year Aging Plan". The plan is required in order for us to receive our funds under the Older Americans Act of 1965, as amended. Additionally, the Aging Plan helps to structure the agency's priorities and goals.

The environment in which the Commission on Aging operates has changed in several important ways. First, the number of individuals eligible for Older Americans Act services has grown and will continue to expand rapidly in the coming years. Second, the cost of providing services has escalated without a corresponding increase in funding. Third, the culture of aging has changed such that people are not willing to leave their homes, they want to age in place.

The goals for this three year plan involved getting older adults input through the following methods:

- 1. Surveys that were distributed by the Commission on Aging Committee members,
- One-on-one interviews with select older adults by the Commission on Aging Committee members
- 3. Listening sessions held at two of the nutrition sites;
- 4. One Community Forum.

Their input assisted in the development of the five critical issues to people age 60+ and goals for this Vilas County Three Year Plan. We have prepared these goals to inform, assist and promote these and other programs and services available to this population.

Our focus for the next three years will be in the following areas:

<u>Advocacy</u>-attendance at the Advocacy Day in Madison, awareness on voter's rights and absentee ballots and contacts made by our Elder Benefit Specialist to our legislators on the EBS program and its importance.

<u>Elder Nutrition Program</u>-start new activity, Ten Minutes of Fame, deliver words of encouragement to the home delivered meal participants and promote a relationship between volunteers and participants by showcasing one volunteer quarterly.

<u>Caregivers</u>-add another day to caregiver support group, distribute Caregiver Emergency wallet cards, do presentations at county level to employees about the National Family Caregiver program and Alzheimer's Family Caregiver Support Program.

<u>Dementia</u>- distribute File of Life/Purple Tubes, become a master trainer of Dementia Friends USA and train others in the community, offer a Virtual Dementia Tour. <u>Healthy Aging</u>- provide oral health presentations, provide information to law enforcement/first responders on falls prevention, partner with Public Health to host a wellness conference.

<u>Local Priorities</u> – continue to partner with Oneida-Vilas Transit Commission for transportation routes and outreach, educate staff on mental health issues, and work with a local daycare or school to increase intergenerational contact with older adults. County Plan on Aging: 2019-2021 – Template 4/19/18

3. Organization and Structure of the Aging Unit3-A Mission Statement and Description of the Aging Unit

Currently, the Vilas County Commission on Aging is a separate entity from the ADRC of the Northwoods. The Aging and Disability Resource Center is a regional model, serving Forest, Oneida, Taylor and Vilas counties along with Potowatomi, Sokaogan Chippewa and Lac du Flambeau tribes.

By County Resolution on March 27, 2018, the Board of Supervisors voted for Vilas County to apply to become a single county Aging and Disability Resource Center of Vilas County and merge the Commission on Aging into one unit. The ADRC of Vilas County will be located on the first floor of the Vilas County Courthouse. The ADRC's role is to advocate for the rights, interests and intellectual and physical well-being of all adults 60 years and older as well as all adults who are disabled.

We are waiting for approval from the Bureau of Aging and Disability Resource Center that we can operate as the ADRC of Vilas County.

MISSION STATEMENT

8/08

We, the Vilas County Commission on Aging, are a professional agency, dedicated to advocating for the community, working with consumers to access resources, empowering them to make positive life changes. With high ethical standards, we partner with other agencies whenever that alliance benefits the consumer.

Utilizing federal, state and local funding, along with consumer donations, we provide a wide array of services and supports to maintain and enhance the health and wellness of our consumers.

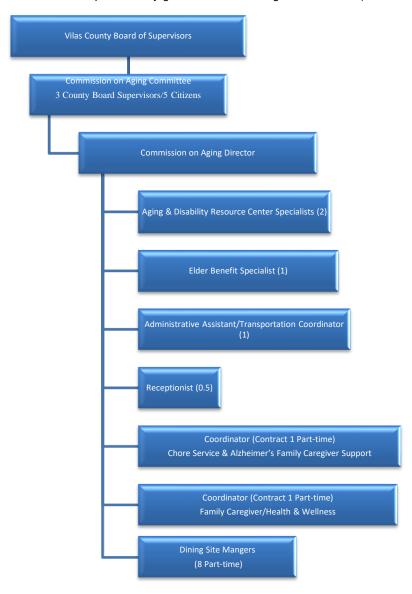
We serve Vilas County consumers who are residents, 60 years of age or greater, their caregivers, families, as well as people with disabilities.

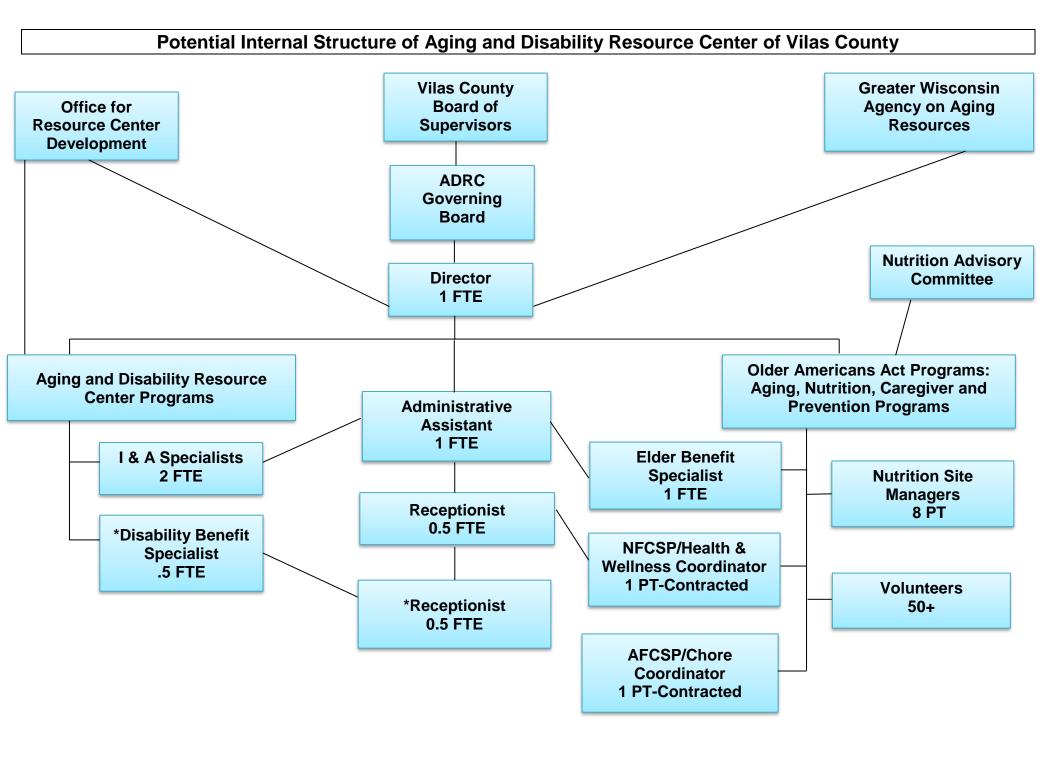
VILAS COUNTY COMMISSION ON AGING Vilas County Courthouse-New Addition 330 Court Street Eagle River, WI 54521

Susan Richmond, Director 715-479-3625/800-374-1123 Hours of Operation: 8:00 AM – 4:00 PM Monday through Friday

3. Organization and Structure of the Aging Unit 3-B Organizational Chart of the Aging Unit

Provide an organizational chart, which clearly depicts the place of the aging unit, the policy-making body, and (where applicable) the advisory committee, in relation to the county government. (Not-for-profit aging units will not include their relationships to county government in the organization chart.)





3. Organization and Structure of the County Aging Unit 3-C Aging Unit Coordination with ADRCs

The Vilas County Commission on Aging is a separate entity from the ADRC of the Northwoods. The Aging and Disability Resource Center is a regional model, serving Forest, Oneida, Taylor and Vilas counties, along with Potowatomi, Sokaogan Chippewa and Lac du Flambeau tribes.

The Commission on Aging and the ADRC of the Northwoods-Eagle River office are colocated at the new addition of the Courthouse at 330 Court Street, Eagle River, Wisconsin.

As Director of the Commission on Aging, I also supervise the two ADRC Specialists in the Eagle River office and am part of the management team of the ADRC of the Northwoods. The staff of the Commission on Aging and the two ADRC Specialists attend monthly staff meetings to discuss important office issues to keep everyone informed. Walk-in traffic is directed to the Aging and Disability Resource Center staff first so they can get the needed information to refer the customer properly. For first time callers to the Commission on Aging, staff refer them to the Aging and Disability Resource Center Specialists. There is an open dialogue between all staff for referrals.

As is stated in 3-A, by County Resolution on March 27, 2018, the County Board of Supervisors voted to apply to become a single county ADRC and merge the Commission on Aging to become one unit in Vilas County.

The merger of the Aging and the ADRC offices will benefit the consumers as it will be a "single entry point" for access to public benefits, counseling, and advocacy to our residents. Our goal is to have only one point of contact for Vilas County residents and prevent or delay access to publicly funded long-term care programs and resources.

3. Organization and Structure of the County Aging Unit 3-D Statutory Requirements for the Structure of the Aging Unit

Chapter 46.82 of the Wisconsin Statutes sets certain legal requirements for aging units.

Organization: The law permits one of three options. Which of the following permissible options has the county chosen?	Check One
1. An agency of county/tribal government with the primary purpose of administering programs for older individuals of the county/tribe.	Х
2. A unit, within a county/tribal department with the primary purpose of administering programs for older individuals of the county/tribe.	
3. A private nonprofit corporation, as defined in s. 181.0103 (17).	
Organization of the Commission on Aging: The law permits one of three options. Which of the following permissible options has the county chosen?	Check One
1. For an aging unit that is described in (1) or (2) above, organized as a committee of the county board of supervisors/tribal council, composed of supervisors and, advised by an advisory committee, appointed by the county board/tribal council. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.	
2. For an aging unit that is described in (1) or (2) above, composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	X
3. For an aging unit that is described in (3) above, the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	
Full-Time Aging Director: The law requires that the aging unit have a full-time director as described below. Does the county have a full-time aging director as required by law?	Yes

3. Organization and Structure of the Aging Unit3-E Membership of the Policy-Making Body

The commission is the policy making entity for aging services and an aging advisory committee is not the commission. Chapter 46.82 of the Wisconsin Statutes sets certain legal requirements for aging units.

"Members of a county/tribal commission on aging shall serve for terms of 3 years, so arranged that, as nearly as practicable, the terms of one-third of the members shall expire each year, and no member may serve more than 2 consecutive 3-year terms." In the case of county board/tribal council members, the requirement is 3 consecutive 2-year terms.

VILAS COUNTY COMMISSION ON AGING COMMITTEE				
Name	Age 60 and Older	Elected Official	Year First Term Began	
Chairperson: Robert Hanson	X	X	2018	
Vernon Wiggenhauser	Х	Χ	2018	
Holly Tomlanovich	X	Χ	2017	
Milt Klingsporn	X		2017	
Ken Mitchell	X		2013	
Rich Schmalzer	X		2015	
Audrey Stearns	X		2013	
Sharon Thompson			2013	

3. Organization and Structure of the County Aging Unit 3-F Membership of the Advisory Committee

If the aging unit has an advisory committee, listed below are the members of the advisory committee. An aging advisory committee is required if the commission (policy making body) does not follow the Elders Act requirements for elected officials, older adults and terms or if the commission (i.e. policy-making body) is a committee of the county board.

Chapter 46.82 of the Wisconsin Statutes requires that the membership of the aging advisory committee (where applicable) must consist of at least 50% older people, and individuals who are elected to office may not constitute 50% or more of the membership.

N/A

Official Name of the County Aging Unit's Advisory Committee (list below)				
Name	Age 60 and Older	Elected Official	Year First Term Began	
Chairperson:				
			1	

For assessment only – Please update the Commission on Aging and Aging Advisory membership and answer questions below.

Please answer "Y" or "N"	2019	2020	2021	Describe
Has the organization of the Aging Unit changed this past year?				
Has the organization of the <i>Commission on Aging</i> changed this past year?				
Does the aging unit have a full-time aging director?				
Is the membership of the Commission on Aging in Compliance?				

3. Organization and Structure of the County Aging Unit 3-G Staff of the Aging Unit

Listed below are the people employed by the County Aging Unit. Include additional pages as needed.

Name: Susan Richmond

Job Title: Director

Telephone Number/email Address: 715-479-3626/surich@vilascountywi.gov

Brief Description of Duties: Administers and directs all Aging and Disability Resource Center staff, services and programs. Prepares budgets for both the County and ADRC. Administers all aspects of the Nutrition Program and supervises 8 site managers. Oversees the Transportation Program and Volunteers. Serves on the Daybreak Adult

Day Center Board of Directors.

Name: Rebecca Gleason

Job Title: Administrative Assistant/Transportation Coordinator

Telephone Number/email Address: 715-479-3625/reglea@vilascountywi.gov

Brief Description of Duties: Provides office administration, handles bookkeeping for the department. Administers the Transportation (Escort) Program.

Name: Susan Corrieri

Job Title: Elder Benefit Specialists

Telephone Number/email Address: 715-479-3628/sucorr@vilascountywi.gov

Brief Description of Duties: Serves as an advocate for older adults providing counseling and representation relating to public benefits and other programs and services for older adults.

Name: Larry Bergum

Job Title: Receptionist (Part-Time)

Telephone Number/email Address: 715-479-3625/laberg@vilascountywi.gov

Brief Description of Duties:

Provides office staff support, answers and directs phone calls and greets all customers.

Name: Diane Cirks

Job Title: Chore/Alzheimer's Coordinator

Telephone Number/email Address: 715-479-3726/dicirk@vilascountywi.gov

Brief Description of Duties: Coordinate Chore and Alzheimer's Family Support Program. Facilitator for Stepping On and Powerful Tools for Caregivers. Facilitator for the Caregiver Support Group. Serves on the Daybreak Adult Day Center Board.

Name: Amie Rein

Job Title: Family Caregiver/Health & Wellness Coordinator

Telephone Number/email Address: 715-479-3725/amrein@vilascountywi.gov

Brief Description of Duties: Coordinate Family Caregiver Program, Friendly Visitor Program, Health and Wellness Programs such as Stepping On, Living with Chronic Conditions and Powerful Tools for Caregivers. Coordinates the Resource Guide. Facilitator for the Caregivers Support Group.

Name: Lisa Kraus

Job Title: ADRC Specialist

Telephone Number/email Address: 800-699-6704/lkraus@adrcofthenorthwoods.org

Brief Description of Duties: Provides information and assistance to older adults and adults with disabilities and their families. Provides Options Counseling and performs Long Term Care Functional screens.

Name: Laura Rozga

Job Title: ADRC Specialist

Telephone Number/email Address: 800-699-6704/lrozga@adrcofthenorthwoods.org

Brief Description of Duties: Provides information and assistance to older adults and adults with disabilities and their families. Provides Options Counseling and performs Long Term Care Functional screens.

Name: To Be Hired (if Merger approved)

Job Title: Disability Benefit Specialist Telephone Number/email Address:

Brief Description of Duties: Serves as an advocate for persons with a disability who are 18 years to 59 years old, providing counseling and representation relating to public benefits and other programs and services for persons with a disability.

Name: To be Hired (if Merger approved)

Job Title: Receptionist (Part-Time) Telephone Number/email Address:

Brief Description of Duties: Provides office staff support, answers and directs phone

calls and greets all customers

4. Context

Vilas County is considered to be a rural community. Vilas County's estimated total population is 21,373. The percentage of population that is 60 years or older is at 38.4 percent which is higher than the state average of 21.5 percent and it is expected to continually increase through 2040. The Median age is 52.9, which is older than the state average of 39.1. In Vilas County, 44.7 percent of those persons older than 65 are males and 55.3 percent are females. 25.6 percent of persons 65 and older are living alone while 36.3% of all households in the County have a family member over the age of 60 living with them. 48.7 percent of households have an income below \$35,000.00.

(US Bureau of the Census, American Community Survey, 2012-16 Five Year Estimates).

These statistics indicate that there will be an increased need for additional senior services as well as the increased need for family caregivers in the upcoming decades. Public Health information in Vilas County identifies that chronic disease, dementia and mental health issues continue to plague the citizens of Vilas County.

Through our surveys and the listening sessions that were held, several needs and critical issues were identified. The need for transportation remains at the forefront. Some reported that they were experiencing social isolation which relates back to lack of transportation to get people out of their homes. As always, Vilas County continues to experience a lack of resources and a lack of caregivers.

Older persons in Vilas County are supported by the aging network through services and programs to help them live independently in the county.

Currently we are partners in the ADRC of the Northwoods. To a customer who needs help or assistance, the service they receive is provided professionally and each customer is treated with respect and dignity. A customer would not know if the staff person working with them is funded by Aging or by ADRC. Vilas County has applied to the State to become a standalone ADRC of Vilas County, where the residents of Vilas County will benefit greatly.

Since becoming a Family Care County in 2017, Vilas County has experienced a lack of resources that the Managed Care Organizations can rely on. Some challenges the Aging Unit is experiencing are the lack of caregivers and services to meet the needs of the increasing population of older adults.

A challenge that we will face in 2019, will be informing all residents of Vilas County that we are the ADRC of Vilas County. As a result, our services will run seamlessly and effortlessly as the one stop shop.

Vilas County is a small, rural county that works well together with collaborative partners. Without these partnerships, the Aging Unit would not be able to achieve our goals. We are continuing to reach out and grow our partnerships. At the Community Forum held in

January, 2018, we were able to connect with our community partners and from those discussions, we will be starting a new program in the fall of 2018, with Northwoods Share and the Northland Pines High School. We currently partner with the following organizations/agencies:

- ADPAW-Aging and Disability Professionals Association of Wisconsin
- Adult Day Centers
- Aging and Disability Resource Center of Northwoods
- Alzheimer's Association
- American Red Cross
- APS/I-Team
- Governmental organizations
- Medical Communities
- Northland Pines High School
- Northwoods Share
- Northwoods Transit Connections
- Salvation Army
- Senior Community Service Employment Program (SCSEP)
- Tri-County Dementia Crisis Team
- Various faith-based organizations
- WAND-Wisconsin Association of Nutrition Directors

5. Public Involvement in the Development of the County Aging Plan

Please use the <u>Public Input Report form</u> to explain how you gathered information and ideas from the public prior to developing your plan. Attach completed forms to the plan.

Before submitting the final plan to the Area Agency on Aging (AAA), the aging unit must conduct one or more public hearings on the draft plan. Please use the Public Hearing Report form to document your public hearings and attach forms to the plan.

Public Input Report

Complete one worksheet for each separate method of public input used. i.e. 12 interviews conducted can be compiled on one sheet.

Your County or Tribe: VILAS	Your Name and Email:
	Susan Richmond surich@vilascountywi.gov
Type of Public Input:	
X Community Forum or Listening Sessior	١
Focus Group Discussions	
Structured Interviews (with individuals	s)
Paper or Internet Survey	
Other (please describe):	
Date /s of Frank or Efforts	
Date/s of Event or Effort: January 30, 2018	
Number of Participants or Respondents: 29	
Key Issues Discussed:	
Transportation	
Housing	
Prescription Medication Assistance	
Snow Removal for Home Delivery	
Foster Parenting	
Domestic Abuse	
Homeless Shelters	
Key Takeaways/Findings:	
	portation, it is having money to fix vehicles, gas
cards needed or money for gas	, , , , , , , , , , , , , , , , , , , ,
Finding affordable housing	
 Local Police Department is willing to assist 	with snow removal for the Homebound
 Foster Parents are desperately needed in \ 	/ilas County
 Possible location for homeless shelter wou 	ld be The Rock but needed a shower
 Lack of Volunteers 	
Any Planned Response?	
Local Police Department assisting	

County Plan on Aging: 2019-2021 - Template 4/19/18

Putting together a "Survivor Kit" for Domestic Abuse Victims

Public Input Report

Complete one worksheet for each separate method of public input used. i.e. 12 interviews conducted can be compiled on one sheet.

Your County or Tribe: VILAS	Your Name and Email:
	Susan Richmond/surich@vilascountywi.gov
Type of Public Input:	
Community Forum or Listening Session	n
Focus Group Discussions	
Structured Interviews (with individuals	s)
X Paper or Internet Survey	
Other (please describe):	
Date/s of Event or Effort:	
Paper Surveys were handed out by our Commissio	n on Aging Board Members
Number of Participants or Respondents:	
13	
Key Issues Discussed:	
 Transportation 	
Healthcare	
 Socialization 	
 Finances 	
Key Takeaways/Findings:	
 Increased transportation to outlying areas 	
Access to Healthcare including health insu	rances and services in the home
 Socializing activities 	
3 *** ***	
Any Planned Response?	
Will incorporate these responses in our Three Year	r Plan
·	

Public Input Report

Complete one worksheet for each separate method of public input used. i.e. 12 interviews conducted can be compiled on one sheet.

Your County or Tribe: VILAS	Your Name and Email:
	Susan Richmond/surich@vilascountywi.gov
Type of Public Input:	
Community Forum or Listening Session	n
Focus Group Discussions	
X Structured Interviews (with individuals	s)
Paper or Internet Survey	
Other (please describe):	
Date/s of Event or Effort:	
In April, one Board Member conducted personal in	nterviews
Number of Participants or Respondents:	
3	
Key Issues Discussed:	
Health	
 Transportation 	
 Loneliness 	
 Finances 	
Key Takeaways/Findings:	
 Get more involvement of churches and con 	mmunity groups
 Providing pamphlets on Scams and Wise S 	pending
 Offering more support through meetings, 	phone calls and cards
Any Planned Response?	
Will incorporate these responses into the Three Ye	ear Plan

Public Input Report

Complete one worksheet for each separate method of public input used. i.e. 12 interviews conducted can be compiled on one sheet.

Your County or Tribe: VILAS	Your Name and Email:	
	Susan Richmond/surich@vilascountywi.gov	
Type of Public Input:		
X Community Forum or Listening Session	n	
Focus Group Discussions		
Structured Interviews (with individual	5)	
Paper or Internet Survey		
Other (please describe):		
Date/s of Event or Effort:		
May 31, 2018		
Number of Participants or Respondents:		
12		
Key Issues Discussed:		
 Variety of food offered at congregate mea 	Lsites	
Dementia	i sites	
Transportation		
Transportation		
Key Takeaways/Findings:		
Offer different variety of foods at meal site	28	
Respite needed for caregivers		
Transportation to the meal site from local senior housing unit		
	0	
Any Planned Response?		
Will incorporate suggestions/ideas into the Three	Year Plan	

Public Hearing 1

County or Tribe: VILAS	Date of Hearing: September 11, 2018
Location: The Rock Mission Center, Eagle River	Number of Attendees: 10

Summary of Comments:

Public Hearing opened at 11:34 am at More Than a Meal Café located at The Rock Mission Center in Eagle River, Wisconsin. There were 10 people in attendance.

Richmond started the Public Hearing by explaining that the Commission on Aging has submitted an Application to become integrated with the Aging and Disability Resource Center to become a single county Aging and Disability Resource Center of Vilas County. One citizen asked how this would benefit the citizens of Vilas County. Discussions were held on the reason that Vilas wanted to become integrated with the Aging and Disability Resource Center.

The goals were discussed by the Focus Areas. Advocacy was the focus area and discussions were held regarding the goal to send five citizens to the Advocacy Day, 2019. There were a few interested in attending. No new comments to add.

Next, we focused on nutrition and how important this program is to our older population as many have experienced isolation. One citizen asked how many people received home delivered meals and how many volunteers were delivering the meals. No other comments were added.

Richmond next addressed the Services in Support of Caregivers. She explained what the Commission on Aging is doing now and what we would like to expand on in the next three years. Richmond explained how important it is for the caregivers to take care of themselves so they are able to care for their loved ones.

Next, we discussed the dementia crisis in our State and our goals for the next three years will focus on informing the community and law enforcement/first responders to become a dementia friendly community. There were some comments made about loved ones that have experienced dementia.

Richmond spoke about the correlation of our oral health to healthy aging. She informed the group of our evidence based classes and that we would like more people to attend these classes. Discussion held about hosting a wellness event and providing medical speakers and health screens to older adults. All were in agreement this would be a good goal.

Lastly, we discussed our local priorities and transportation. There was discussion on the transportation goal and how many people relied on public transportation to get where they needed to go.

The Public Hearing was concluded at 12:03pm and no more comments or questions were given.

How was draft plan altered as a result?
Richmond asked if there were any suggestions that they would like to see changed in the 2019-202 Aging Plan. All were in agreement that they were glad to hear what the Commission on Aging was planning and hoped to participate in some of the programs that will be offered.

6. Goals for the Plan Period

Progress notes to be completed during self-assessment process.

Aging Unit Plan Goals	Progress Notes	check if comple		pleted
(write at least one goal per focus area per year - add extra boxes as needed – put curser to the left of the box and click the + sign)	(briefly summarize only those activities completed as of Dec. of each year)		2020	2021
Focus Area 6-A. Advocacy Related Activities				
To increase advocacy, the Commission on Aging will collaborate with Oneida				
and Taylor County Departments on Aging to provide a charter bus to take at				
least five (5) Vilas citizens to Advocacy Day in Madison on May 15, 2019.				
In order to increase awareness on Voters Rights, written information on				
Absentee Ballots will be provided to at least 20 Home Delivered Meal				
Participants by September 30, 2020. A volunteer will make a follow-up call to				
determine if the person was able to obtain an Absentee Ballot or is planning				
on voting by November 1, 2020.				
EBS will contact via telephone, email, USPS or in person with either State or				
Federal Legislators for Vilas County district two times before December 31,				
2021, to establish relationships and increase awareness of the EBS role on				
behalf of our target population.				
Focus Area 6-B. The Elder Nutrition Program				
Establish a new activity called "Ten Minutes of Fame" at two meals sites, once				
a month to encourage participant interaction. This activity will allow one				
participant each month to share interesting facts about themselves with				
others. This will be completed by December 31, 2019.				
Provide words of encouragement or a quote to support positive thinking/self-				
talk will be hand delivered by our meal drivers quarterly to at least 25 Home				
Delivered Meal participants by December 31, 2020.				
To promote a relationship between the home delivered meal participants and				
volunteers, we will showcase one Volunteer on the back of the menus with a				
photo and paragraph about themselves quarterly by December 31, 2021.				

Focus Area 6-C. Services in Support of Caregivers		
To relieve anxiety from the caregiver, we will distribute at least 10 Caregiver Emergency wallet cards to NFCSP, AFCSP and Caregiver Support Group clients by December 31, 2019.		
To increase the participation in the Caregiver Support Group meeting, we will add an additional day to the current monthly meeting to reach at least 3 new caregivers by December 31, 2020.		
To increase awareness of the AFCSP and NFCSP programs, the Coordinators will present at two Vilas County "Lunch and Learn" events with at least 3 participants by December 31, 2021.		
Focus Area 6-D. Services to People with Dementia		
Collaborate with Tri-County Dementia Crisis Team to distribute Purple Tubes to at least 25 persons with dementia in Vilas county by December 31, 2019.		
To educate the community on dementia, we will certify two staff members to become a master trainer for the Dementia Friendly Businesses program through Alzheimer's Association. The master trainers will train 2 local businesses so they can provide better service to people with dementia by December 31, 2020.		
To inform and educate law enforcement/first responders about working with dementia patients, we will offer a Virtual Dementia Tour event to at least 15 law enforcement/first responders by December 31, 2021.		
Focus Area 6-E. Healthy Aging		
To promote better oral health, we will partner with Public Health Department to offer a presentation on "Oral Health for the Older Adult" at three meal sites to at least 15 participants by December 31, 2019.		
To increase visibility and receive at least 2 referrals to the Stepping On Program, the Health and Wellness Coordinator will provide informational		

packets to law enforcement/first responders about the Falls Prevention Stepping On Class to be distributed to residents of Vilas County who have fallen by December 31, 2020.		
To educate the community on healthy aging by providing a Wellness Conference in partnership with Public Health and the medical community which would provide speakers and various health screens to 25 older adults by December 31, 2021.		
Focus Area 6-F. Local Priorities		
To expand the service area of northeastern Vilas County, we will collaborate with the Oneida-Vilas Transit Commission to develop and promote routes to increase ridership by at least 5 new riders for these rural communities not currently served, by having a quarterly article in the newspaper and one monthly radio ad by December 31, 2019.		
To educate at least 15 staff, nutrition meal site managers and volunteers on mental health issues, we will partner with a speaker on this issue by December 31, 2020.		
Partner with a local daycare or school to provide intergenerational contact with at least 5 older adults through written or face to face contact by December 31, 2021.		

For Assessment Only

Part IV: Progress on the Aging Unit Plan for Serving Older People – National Family Caregiver Support Program (NFCSP) This section is not required for tribal aging units.

Minimum Service Requirements: The minimum service requirements of NFCSP must be provided by the aging unit or contracted with another agency. Please indicate who provides these services.

Service	Aging Unit (X)	Other Agency (please list)
Information to caregivers about available services		
Assistance to caregivers in gaining access to the services		
Individual counseling, support groups, and training to caregivers		
Respite care		
Supplemental services (e.g., transportation, assistive devices, home modifications, adaptive aids, emergency response systems, supplies, etc.)		
Caregiver Coordination: To ensure coordination of caregiver services in the cocaregiver coalition or coordinating committee with other local providers who caregiver coalition or coordinating committee with other local providers who caregiver coalition or coordinating committee with other local providers who caregiver coalition or coordinations are considered with other local providers who caregiver coalition or coordinations are caregiver coalitions.		- · · · · · · · · · · · · · · · · · · ·
Does the aging unit belong to a local caregiver coalition?	2019 Activities:	
X YES NO Name of Coalition:		
If YES, please provide a brief update on coalition activities conducted each year.	2020 Activities:	
If NO, please explain plan for compliance.		

2021 Activities:

7. Coordination Between Titles III and VI

If the county includes part or all of a federally recognized tribe or is home to a significant population of tribal members, describe how the County and Tribal aging units will work together to coordinate and ensure the provision of services to tribal elders. Provide a narrative describing collaboration efforts and goals for each year of the plan.

Lac du Flambeau Band of Lake Superior Chippewa Indians is located in the western portion of Vilas County. Vilas County is partnering with Lac du Flambeau Tribe to combine resources to work together for tribal and non-tribal members located in Lac du Flambeau. Since the Tribe does receive Title VI funding, we help fund the services for the non-Tribal members only for home delivered meals and volunteer transportation program.

Our Health and Wellness Coordinator has been in discussions with Lac du Flambeau's Aging Director to provide Powerful Tools class and to partner with the Tribe to hold a Final Affairs Event. We will also try to hold one evidence based class by December 31, 2021.

Progress notes to be completed during self-assessment process.

Provide goals for each year of the plan.	Progress Notes	2019	2020	2021
Collaborate with Lac du Flambeau Tribal Aging Unit to provide one Powerful				
Tools for Caregivers workshop to a minimum of 8 caregivers by December 31,				
2019.				
Partner with Lac du Flambeau Aging Unit to offer a Final Affairs Event for at				
least 20 participants by December 31, 2020.				
To increase awareness of falls prevention, we will work with the Lac du				
Flambeau Aging Unit to provide at least one Stepping On Workshop at a				
mimimum of 8 participants by December 31, 2021.				

9. Compliance with Federal and State Laws and Regulations

(Give the full name of the county aging unit)	
has reviewed the appendix to the county plan entitled Assurances Federal and State Laws and Regulations for 2016-2018. We assuidentified in this plan will be carried out to the best of the ability of compliance with the federal and state laws and regulations listed in Compliance with Federal and State Laws and Regulations for 201	ure that the activities the tribe in network the tribe in the Assurances of
Signature and Title of the Chairperson of the Commission on Aging Robert Hanson, Chairman	D-9-18 Date
Signature and Title of the Authorized County Board Representative	Date

On behalf of the county, we certify

Vilas County Commission on Aging

Ron DeBruyne, County Board Chairman

10. Assurances

The applicant certifies compliance with the following regulations:

1. Legal Authority of the Applicant

- The applicant must possess legal authority to apply for the grant.
- A resolution, motion or similar action must be duly adopted or passed as an
 official act of the applicant's governing body, authorizing the filing of the
 application, including all understandings and assurances contained therein.
- This resolution, motion or similar action must direct and authorize the person identified as the official representative of the applicant to act in connection with the application and to provide such additional information as may be required.

2. Outreach, Training, Coordination, & Public Information

- The applicant must assure that outreach activities are conducted to ensure the
 participation of eligible older persons in all funded services as required by the
 Bureau of Aging and Disability Resources designated area agency on aging.
- The applicant must assure that each service provider trains and uses elderly
 persons and other volunteers and paid personnel as required by the Bureau of
 Aging and Disability Resources designated area agency on aging.
- The applicant must assure that each service provider coordinates with other service providers, including senior centers and the nutrition program, in the planning and service area as required by the Bureau of Aging and Disability Resources designated area agency on aging.
- The applicant must assure that public information activities are conducted to ensure the participation of eligible older persons in all funded services as required by the Bureau of Aging and Disability Resources designated area agency on aging.
- 3. Preference for Older People with Greatest Social and Economic Need
 The applicant must assure that all service providers follow priorities set by the
 Bureau of Aging and Disability Resources designated area agency on aging for
 serving older people with greatest social and economic need.

4. Advisory Role to Service Providers of Older Persons

The applicant must assure that each service provider utilizes procedures for obtaining the views of participants about the services they receive.

5. Contributions for Services

- The applicant shall assure that agencies providing services supported with Older Americans Act and state aging funds shall give older adults a free and voluntary opportunity to contribute to the costs of services consistent with the Older Americans Act regulations.
- Each older recipient shall determine what he/she is able to contribute toward the
 cost of the service. No older adult shall be denied a service because he/she will
 not or cannot contribute to the cost of such service.

- The applicant shall provide that the methods of receiving contributions from individuals by the agencies providing services under the county/tribal plan shall be handled in a manner that assures the confidentially of the individual's contributions.
- The applicant must assure that each service provider establishes appropriate procedures to safeguard and account for all contributions.
- The applicant must assure that each service provider considers and reports the
 contributions made by older people as program income. All program income
 must be used to expand the size or scope of the funded program that generated
 the income. Nutrition service providers must use all contributions to expand the
 nutrition services. Program income must be spent within the contract period that
 it is generated.

6. Confidentiality

- The applicant shall ensure that no information about, or obtained from an individual and in possession of an agency providing services to such individual under the county/tribal or area plan, shall be disclosed in a form identifiable with the individual, unless the individual provides his/her written informed consent to such disclosure.
- Lists of older adults compiled in establishing and maintaining information and referral sources shall be used solely for the purpose of providing social services and only with the informed consent of each person on the list.
- In order that the privacy of each participant in aging programs is in no way abridged, the confidentiality of all participant data gathered and maintained by the State Agency, the Area Agency, the county or tribal aging agency, and any other agency, organization, or individual providing services under the State, area, county, or tribal plan, shall be safeguarded by specific policies.
- Each participant from whom personal information is obtained shall be made aware of his or her rights to:
 - (a) Have full access to any information about one's self which is being kept on file:
 - (b) Be informed about the uses made of the information about him or her, including the identity of all persons and agencies involved and any known consequences for providing such data; and,
 - (c) Be able to contest the accuracy, completeness, pertinence, and necessity of information being retained about one's self and be assured that such information, when incorrect, will be corrected or amended on request.
- All information gathered and maintained on participants under the area, county or tribal plan shall be accurate, complete, and timely and shall be legitimately necessary for determining an individual's need and/or eligibility for services and other benefits.
- No information about, or obtained from, an individual participant shall be disclosed in any form identifiable with the individual to any person outside the

agency or program involved without the informed consent of the participant or his/her legal representative, except:

- (a) By court order; or,
- (b) When securing client-requested services, benefits, or rights.
- The lists of older persons receiving services under any programs funded through the State Agency shall be used solely for the purpose of providing said services, and can only be released with the informed consent of each individual on the list.
- All paid and volunteer staff members providing services or conducting other activities under the area plan shall be informed of and agree to:
 - (a) Their responsibility to maintain the confidentiality of any client-related information learned through the execution of their duties. Such information shall not be discussed except in a professional setting as required for the delivery of service or the conduct of other essential activities under the area plan; and, (b) All policies and procedures adopted by the State and Area Agency to safeguard confidentiality of participant information, including those delineated in these rules.
- Appropriate precautions shall be taken to protect the safety of all files, microfiche, computer tapes and records in any location which contain sensitive information on individuals receiving services under the State or area plan. This includes but is not limited to assuring registration forms containing personal information are stored in a secure, locked drawer when not in use.

7. Records and Reports

- The applicant shall keep records and make reports in such form and requiring such information as may be required by the Bureau of Aging and Disability Resources and in accordance with guidelines issued solely by the Bureau of Aging and Disability Resources and the Administration on Aging.
- The applicant shall maintain accounts and documents which will enable an
 accurate review to be made at any time of the status of all funds which it has
 been granted by the Bureau of Aging and Disability Resources through its
 designated area agency on aging. This includes both the disposition of all
 monies received and the nature of all charges claimed against such funds.

8. Licensure and Standards Requirements

- The applicant shall assure that where state or local public jurisdiction requires licensure for the provision of services, agencies providing services under the county/tribal or area plan shall be licensed or shall meet the requirements for licensure.
- The applicant is cognizant of and must agree to operate the program fully in conformance with all applicable state and local standards, including the fire, health, safety and sanitation standards, prescribed in law or regulation.

9. Civil Rights

- The applicant shall comply with Title VI of the Civil Rights Act of 1964 (P.L. 88-352) and in accordance with that act, no person shall on the basis of race, color, or national origin, be excluded from participation in, be denied benefits of, or be otherwise subjected to discrimination under any program or activity under this plan.
- All grants, sub-grants, contracts or other agents receiving funds under this plan are subject to compliance with the regulation stated in 9 above.
- The applicant shall develop and continue to maintain written procedures which specify how the agency will conduct the activities under its plan to assure compliance with Title VI of the Civil Rights Act.
- The applicant shall comply with Title VI of the Civil Rights Act (42 USC 2000d)
 prohibiting employment discrimination where (1) the primary purpose of a grant is
 to provide employment or (2) discriminatory employment practices will result in
 unequal treatment of persons who are or should be benefiting from the service
 funded by the grant.
- All recipients of funds through the county/tribal or area plan shall operate each program or activity so that, when viewed in its entirety, the program or activity is accessible to and usable by handicapped adults as required in the Architectural Barriers Act of 1968.

10. Uniform Relocation Assistance and Real Property Acquisition Act of 1970

The applicant shall comply with requirements of the provisions of the Uniform Relocation and Real Property Acquisitions Act of 1970 (P.L. 91-646) which provides for fair and equitable treatment of federal and federally assisted programs.

11. Political Activity of Employees

The applicant shall comply with the provisions of the Hatch Act (5 U.S.C. Sections 7321-7326), which limit the political activity of employees who work in federally funded programs. [Information about the Hatch Act is available from the U.S. Office of Special Counsel at http://www.osc.gov/]

12. Fair Labor Standards Act

The applicant shall comply with the minimum wage and maximum hours provisions of the Federal Fair Labor Standards Act (Title 29, United States Code, Section 201-219), as they apply to hospital and educational institution employees of state and local governments.

13. Private Gain

The applicant shall establish safeguards to prohibit employees from using their positions for a purpose that is or appears to be motivated by a desire for private gain for

themselves or others (particularly those with whom they have family, business or other ties).

14. Assessment and Examination of Records

- The applicant shall give the Federal agencies, State agencies and the Bureau of Aging and Disability Resources authorized Area Agencies on Aging access to and the right to examine all records, books, papers or documents related to the grant.
- The applicant must agree to cooperate and assist in any efforts undertaken by the grantor agency, or the Administration on aging, to evaluate the effectiveness, feasibility, and costs of the project.
- The applicant must agree to conduct regular on-site assessments of each service provider receiving funds through a contract with the applicant under the county or tribal plan.

15. Maintenance of Non-Federal Funding

- The applicant assures that the aging unit, and each service provider, shall not use Older Americans Act or state aging funds to supplant other federal, state or local funds.
- The applicant must assure that each service provider must continue or initiate efforts to obtain funds from private sources and other public organizations for each service funded under the county or tribal plan.

16. Regulations of Grantor Agency

The applicant shall comply with all requirements imposed by the Department of Health and Family Services, Division of Supportive Living, Bureau of Aging and Disability Resources concerning special requirements of federal and state law, program and fiscal requirements, and other administrative requirements.

17. Older Americans Act

The applicant shall comply with all requirements of the Older Americans Act (PL 89-73).

18. Federal Regulations

The applicant shall comply with all federal regulations (45 CFR 1321) governing Older Americans Act funds and programs.

19. Wisconsin Elders Act

The aging unit must comply with the provisions of the Wisconsin Elders Act.

Wisconsin Statutes Chapter 46.82 Aging unit.

"Aging unit" means an aging unit director and necessary personnel, directed by a county or tribal commission on aging and organized as one of the following:

- (1) An agency of county or tribal government with the primary purpose of administering programs of services for older individuals of the county or tribe.
- (2) A unit, within a county department under s. 46.215, 46.22
- (3) or 46.23, with the primary purpose of administering programs of and services for older individuals of the county
- (4) A private corporation that is organized under ch. 181 and
- (5) that is a nonprofit corporation, as defined in s. 181.0103 (17).

Aging Unit; Creation. A county board of supervisors of a county, the county boards of supervisors of 2 or more contiguous counties or an elected tribal governing body of a federally recognized American Indian tribe or band in this state may choose to administer, at the county or tribal level, programs for older individuals that are funded under 42 USC 3001 to 3057n, 42 USC 5001 and 42 USC 5011 (b). If this is done, the county board or boards of supervisors or tribal governing body shall establish by resolution a county or tribal aging unit to provide the services required under this section. If a county board of supervisors or a tribal governing body chooses, or the county boards of supervisors of 2 or more contiguous counties choose, not to administer the programs for older individuals, the department shall direct the area agency on aging that serves the relevant area to contract with a private, nonprofit corporation to provide for the county, tribe or counties the services required under this section.

Aging Unit; Powers and Duties. In accordance with state statutes, rules promulgated by the department and relevant provisions of 42 USC 3001 to 3057n and as directed by the county or tribal commission on aging, an aging unit:

- (a) Duties. Shall do all of the following:
- 1. Work to ensure that all older individuals, regardless of income, have access to information, services and opportunities available through the county or tribal aging unit and have the opportunity to contribute to the cost of services and that the services and resources of the county or tribal aging unit are designed to reach those in greatest social and economic need.
- 2. Plan for, receive and administer federal, state and county, city, town or village funds allocated under the state and area plan on aging to the county or tribal aging unit and any gifts, grants or payments received by the county or tribal aging unit, for the purposes for which allocated or made.
- 3. Provide a visible and accessible point of contact for individuals to obtain accurate and comprehensive information about public and private resources available in the community which can meet the needs of older individuals.
- 4. As specified under s. 46.81, provide older individuals with services of benefit specialists or appropriate referrals for assistance.
- 5. Organize and administer congregate programs, which shall include a nutrition program and may include one or more senior centers or adult day care or respite care programs, that enable older individuals and their families to secure a variety of services, County Plan on Aging: 2019-2021 Template 4/19/18

- including nutrition, daytime care, educational or volunteer opportunities, job skills preparation and information on health promotion, consumer affairs and civic participation.
- 6. Work to secure a countywide or tribal transportation system that makes community programs and opportunities accessible to, and meets the basic needs of, older individuals.
- 7. Work to ensure that programs and services for older individuals are available to homebound, disabled and non-English speaking persons, and to racial, ethnic and religious minorities.
- 8. Identify and publicize gaps in services needed by older individuals and provide leadership in developing services and programs, including recruitment and training of volunteers, that address those needs.
- 9. Work cooperatively with other organizations to enable their services to function effectively for older individuals.
- 10. Actively incorporate and promote the participation of older individuals in the preparation of a county or tribal comprehensive plan for aging resources that identifies needs, goals, activities and county or tribal resources for older individuals.
- 11. Provide information to the public about the aging experience and about resources for and within the aging population.
- 12. Assist in representing needs, views and concerns of older individuals in local decision making and assist older individuals in expressing their views to elected officials and providers of services.
- 13. If designated under s. 46.27 (3) (b) 6., administer the long-term support community options program.
- 14. If the department is so requested by the county board of supervisors, administer the pilot projects for home and community-based long-term support services under s. 46.271.
- 15. If designated under s. 46.90 (2), administer the elder abuse reporting system under s. 46.90.
- 16. If designated under s. 46.87 (3) (c), administer the Alzheimer's disease family and caregiver support program under s. 46.87.
- 17. If designated by the county or in accordance with a contract with the department, operate the specialized transportation assistance program for a county under s. 85.21.
- 18. Advocate on behalf of older individuals to assist in enabling them to meet their basic needs.
- 19. If an aging unit under sub. (1) (a) 1. or 2. and if authorized under s. 46.283 (1) (a) 1., apply to the department to operate a resource center under s. 46.283 and, if the department contracts with the county under s. 46.283 (2), operate the resource center. 20. If an aging unit under sub. (1) (a) 1. or 2. and if authorized under s. 46.284 (1) (a) 1., apply to the department to operate a care management organization under s. 46.284 and, if the department contracts with the county under s. 46.284 (2), operate the care management organization and, if appropriate, place funds in a risk reserve.
- (b) Powers. May perform any other general functions necessary to administer services for older individuals.

(4) Commission On Aging.

(a) Appointment.

- 1. Except as provided under sub. 2., the county board of supervisors in a county that has established a single-county aging unit, the county boards of supervisors in counties that have established a multicounty aging unit or the elected tribal governing body of a federally recognized American Indian tribe or band that has established a tribal aging unit shall, before qualification under this section, appoint a governing and policy-making body to be known as the commission on aging.
- 2. In any county that has a county executive or county administrator and that has established a single-county aging unit, the county executive or county administrator shall appoint, subject to confirmation by the county board of supervisors, the commission on aging. A member of a commission on aging appointed under this subdivision may be removed by the county executive or county administrator for cause.

(b) Composition.

A commission on aging, appointed under par. (a) shall be one of the following:

- 1. For an aging unit that is described in sub. (1) (a) 1. or 2., organized as a committee of the county board of supervisors, composed of supervisors and, beginning January 1, 1993, advised by an advisory committee, appointed by the county board. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.
- 2. For an aging unit that is described in sub. (1) (a) 1. or 2., composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.
- 3. For an aging unit that is described in sub. (1) (a) 3., the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.

(c) Terms.

Members of a county or tribal commission on aging shall serve for terms of 3 years, so arranged that, as nearly as practicable, the terms of one-third of the members shall expire each year, and no member may serve more than 2 consecutive 3-year terms. Vacancies shall be filled in the same manner as the original appointments. A county or tribal commission on aging member appointed under par. (a) 1. may be removed from office for cause by a two-thirds vote of each county board of supervisors or tribal governing body participating in the appointment, on due notice in writing and hearing of the charges against the member.

(c) Powers and duties.

A county or tribal commission on aging appointed under sub. (4) (a) shall, in addition to any other powers or duties established by state law, plan and develop administrative and program policies, in accordance with state law and within limits established by the department of health and family services, if any, for programs in the county or for the tribe or band that are funded by the federal or state government for administration by the aging unit. Policy decisions not reserved by statute for the department of health and family services may be delegated by the secretary to the county or tribal commission on aging. The county or tribal commission on aging shall direct the aging unit with respect to the powers and duties of the aging unit under sub. (3).

- (5) Aging Unit Director; Appointment. A full-time aging unit director shall be appointed on the basis of recognized and demonstrated interest in and knowledge of problems of older individuals, with due regard to training, experience, executive and administrative ability and general qualification and fitness for the performance of his or her duties, by one of the following:
- (a) 1. For an aging unit that is described in sub. (1) (a) 1., except as provided in subd. 2., a county or tribal commission on aging shall make the appointment, subject to the approval of and to the personnel policies and procedures established by each county board of supervisors or the tribal governing body that participated in the appointment of the county or tribal commission on aging. 2. In any county that has a county executive or county administrator and that has established a single-county aging unit, the county executive or county administrator shall make the appointment, subject to the approval of and to the personnel policies and procedures established by each county board of supervisors that participated in the appointment of the county commission on aging. (b) For an aging unit that is described in sub. (1) (a) 2., the director of the county department under s. 46.215, 46.22 or 46.23 of which the aging unit is a part shall make the appointment, subject to the personnel policies and procedures established by the county board of supervisors.
- (d) For an aging unit that is described in sub. (1) (a) 3., the commission on aging under sub. (4) (b) 3. shall make the appointment, subject to ch. 181.

Signature of Authorized Representaive

Date

11. Appendices

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Vilas Co. Commission	on Aging
STATE OF WISCONSIN ss. Vilas County	Kurt S. Krueger, being duly sworn, deposes and says that he (she) is an authorized representative of the Vilas County News-Review and The Three
NOTICE OF PUBLIC HEARING The Vilas County Commission on Aging will be conducting a ublic hearing for presentation of and comment on the 2019-2021 ilas County Aging Plan. The public hearing will be held at the fol-wing location: • Tuesday, Sept. 11, at 11:30 a.m. at More Than a Meal Café, located at The Rock Mission Center, 1019 E. Wall Street, Eagle River, WI 54521	Lakes News, a weekly newspaper published at Eagle River, the seat of government of said county, and that an advertisement of which the annexed is a true copy, taken from said paper, was published therein on
The purpose of this public hearing is to provide an opportunity or citizens of Vilas County to comment and provide input on the Agig Plan draft. A draft of the 2019-2021 Vilas County Aging Plan is vallable for examination at the Vilas County Commission on Agig, 330 Court Street in Eagle River from 8 a.m. to 4 p.m. Monday trough Friday. Copies of the Aging Plan will also be available for iewing one hour prior to the start of the hearing at the location of the hearing. Input received by members of the public at this hearing will be onsidered in the development of the final draft of this plan. The final draft will be presented for approval at the Vilas County Commission on Aging Board meeting scheduled for 9 a.m., Sept. 17, 2018, the Vilas County Courthouse, new addition, Conference Room Written comments may be sent to the Vilas County Commission n Aging, Attn: Susan Richmond, 330 Court Street, Eagle River, Wilds21, through Sept. 12, 2018. For more information, contact Susan Richmond, Vilas County Commission on Aging Director, at (715) 479-3625.	(Signed) Cut for the published (Title) Subscribed and sworn to before me this 27th day of 2018 Notary Public, Vilas County, Wisconsin My Commission expires 2021 Ilines, one insertion @per line \$109.65 lines,insertion @per line \$
(Seal)	Office Fee \$ 1.00 Total \$ 110.65

County Plan on Aging: 2019-2021 - Template 4/19/18

(Seal)